



BREAKFAST



SEPTEMBER 2021

Wicomico County Breakfast 6-8

This institution is an equal opportunity provider

WG= Whole Grain

Monday

Tuesday

Wednesday

Thursday

Friday

1

2

3

WELCOME BACK 😊

LABOR DAY

6

Assorted Yogurt
OR
Assorted Cereal
both served
with graham crackers

7

WG Cinnamon Glazed
French Toast
OR
Assorted Cereal
with graham crackers

8

WG Confetti
Pancakes
OR
Assorted Cereal
with graham crackers

9

WG Strawberry
Bagel-ful
OR
Assorted Cereal
with graham crackers

10

WG Banana Bread
OR
Assorted Cereal
with graham crackers

13

Beef Sausage on
a WG Biscuit
OR
Assorted Cereal
with graham crackers

14

WG Blueberry
Waffles
OR
Assorted Cereal
with graham crackers

15

WG Maple
Pancakes
OR
Assorted Cereal
with graham crackers

16

WG Flavored
Muffin
OR
Assorted Cereal
with graham crackers

17

WG Cinnamon
Toast Crunch Bread
OR
Assorted Cereal
with graham crackers

20

WG Chocolate
Chip French Toast
OR
Assorted Cereal
with graham crackers

21

WG Cinnamon
Roll
OR
Assorted Cereal
with graham crackers

22

WG Cinnamon
Waffles
OR
Assorted Cereal
with graham crackers

23

WG Pancake and
Sausage Sandwich
OR
Assorted Cereal
with graham crackers

24

Assorted Yogurt
OR
Assorted Cereal
both served
with graham crackers

27

WG Confetti
Pancakes
OR
Assorted Cereal
with graham crackers

28

WG Cinnamon
Bagel-ful
OR
Assorted Cereal
with graham crackers

29

WG Pancake and
Sausage on a stick
OR
Assorted Cereal
with graham crackers

30



In addition to the entrée, the below breakfast items are offered daily.
Fresh/Cupped or Packaged Fruit, Assorted Juice,
Assorted Nonfat Milk
A complete meal consists of a minimum of 3 items