

BREAKFAST

MAY 2023

WG = Whole Grain

This institution is an equal opportunity provider.

Wicomico County Public Schools Y3-4 Breakfast

Menu is subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

1

WG Maple Waffles
Peaches
Skim Milk

2

Yogurt
With
WG ELF Grahams
Mandarin Oranges
Skim Milk

3

WG Cheerios
Juice Cup
Skim Milk

4

Apple Stick Frudel
Strudel
Pineapple Tidbits
Skim Milk

5

WG Banana Bread
Applesauce
Skim Milk

8

WG Muffin
Peaches
Skim Milk

9

WG Cinnamon
French
Toast Sticks
Mandarin Oranges
Skim Milk

10

WG Rice Krispies
Juice Cup
Skim Milk

11

WG Maple Waffles
Pineapple Tidbits
Skim Milk

12

WG Pancake
Sausage Stick
Applesauce
Skim Milk

15

Apple Stick Frudel
Strudel
Peaches
Skim Milk

16

WG Muffin
Mandarin Oranges
Skim Milk

17

WG Cheerios
Juice Cup
Skim Milk

18

WG Banana Bread
Pineapple Tidbits
Skim Milk

19

Yogurt
With
WG ELF Grahams
Applesauce
Skim Milk

22

WG Blueberry Bash
Waffle
Peaches
Skim Milk

23

WG French Toast
Cinnamon Rush
Mandarin Oranges
Skim Milk

24

WG Rice Chex Cereal
Juice Cup
Skim Milk

25

WG Turkey Sausage
Breakfast Pizza
Pineapple Tidbits
Skim Milk

26

WG Maple Waffles
Applesauce
Skim Milk

29

**No
School**

30

WG Cinnamon
Waffles
Mandarin Oranges
Skim Milk

31

WG Rice Krispies
Juice Cup
Skim Milk

All items on this menu meet the dietary guidelines for school nutrition as established by the United States Department of Agriculture.