

 **BREAKFAST**

MAY 2023

WG = Whole Grain

This institution is an equal opportunity provider.

Wicomico County Public Schools PreK-5/MMFA

Menu is subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

1

WG Maple Waffles

2

Assorted Yogurt With Graham Crackers

3

Assorted WG Cereal With WG Grahams

4

Apple Stick Frudel Strudel

5

WG Banana Bread

8

WG Flavored Muffin

9

WG Cinnamon French Toast Sticks

10

Assorted WG Cereal With WG Grahams

11

WG Maple Waffles

12

WG Pancake Sausage Stick

15

Apple Stick Frudel Strudel

16

WG Flavored Muffin

17

Assorted WG Cereal With WG Grahams

18

WG Banana Bread

19

Assorted Yogurt With Graham Crackers

22

WG Blueberry Bash Waffle

23

WG French Toast Cinnamon Rush

24

Assorted WG Cereal With WG Grahams

25

WG Turkey Sausage Breakfast Pizza

26

WG Maple Waffles

29

No School

30

WG Cinnamon Waffles

31

Assorted WG Cereal With WG Grahams

In addition to the entrée, the below breakfast items are offered daily.
Fresh/Cupped or Packaged Fruit, Assorted Juice, Assorted Nonfat Milk
A complete meal consists of a minimum of three items.

All items on this menu meet the dietary guidelines for school nutrition as established by the United States Department of Agriculture.