

BREAKFAST

MAY 2023

WG = Whole Grain

This institution is an equal opportunity provider.

Wicomico County Public Schools 6-12 Breakfast

Menu is subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

WG Maple Waffles

Assorted Yogurt With Graham Crackers

Chicken Sausage WG Pancake Sandwich

Apple Stick Frudel Strudel

WG Banana Bread

WG Honey Bun

WG Cinnamon French Toast Sticks

Assorted Yogurt With Graham Crackers

WG Maple Waffles

WG Pancake Sausage Stick

Apple Stick Frudel Strudel

WG Flavored Muffin

Egg Cheese & Bacon on a WG Biscuit

WG Banana Bread

Assorted Yogurt With Graham Crackers

WG Blueberry Bash Waffle

WG French Toast Cinnamon Rush

WG Cinnamon Roll

WG Turkey Sausage Breakfast Pizza

WG Maple Waffles

No School

WG Cinnamon Waffles

Sausage, Egg & Cheese on a Bagel

In addition to the entrée, the below breakfast items are offered daily.
Fresh/Cupped or Packaged Fruit, Assorted Juice, Assorted Nonfat Milk
A complete meal consists of a minimum of three items.

Assorted cereal available daily with graham crackers.

All items on this menu meet the dietary guidelines for school nutrition as established by the United States Department of Agriculture.