



# BREAKFAST

# JUNE 2023

WG= Whole Grain

This institution is an equal opportunity provider.

## Wicomico County Public Schools 6-12 Breakfast

Menu is subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday



In addition to the entrée, the below breakfast items are offered daily.  
Fresh/Cupped or Packaged Fruit, Assorted Juice,  
Assorted Nonfat Milk  
A complete meal consists of a minimum of three items.

Assorted Yogurt **1**  
With  
Graham  
Crackers

WG Cinnamon  
French Toast Sticks **2**

WG Maple  
Waffles **5**

Assorted Yogurt **6**  
With  
Graham  
Crackers

Chicken  
Sausage  
WG Pancake  
Sandwich **7**

Apple Stick  
Frudel  
Strudel **8**

WG Banana  
Bread **9**

WG Honey  
Bun **12**

Managers  
Choice **13**

Managers  
Choice **14**



**16**

**19**

**20**

**21**

**22**

**23**

**26**

**27**

**28**

**29**

**30**



Assorted cereal available daily with graham crackers.

All items on this menu meet the dietary guidelines for school nutrition as established by the United States Department of Agriculture.