



BREAKFAST

APRIL 2023

WG = Whole Grain

This institution is an equal opportunity provider.

Wicomico County Public Schools Y3-4 Breakfast

Menu is subject to change.

Monday

Tuesday

Wednesday

Thursday

Friday

3

WG Muffin
Peaches
Skim Milk

4

WG Cinnamon
French
Toast Sticks
Mandarin Oranges
Skim Milk

5

WG Rice
Krispies
Juice Cup
Skim Milk

6



7



10



11

WG Muffin
Mandarin Oranges
Skim Milk

12

WG Cheerios
Juice Cup
Skim Milk

13

WG Banana Bread
Pineapple Tidbits
Skim Milk

14

Yogurt
With
WG ELF Grahams
Applesauce
Skim Milk

17

WG Blueberry Bash
Waffle
Peaches
Skim Milk

18

WG French Toast
Cinnamon Rush
Mandarin Oranges
Skim Milk

19

WG Rice Chex
Cereal
Juice Cup
Skim Milk

20

WG Turkey
Sausage
Breakfast Pizza
Pineapple Tidbits
Skim Milk

21

WG Maple Waffles
Applesauce
Skim Milk

24

WG Strawberry
Bagel-ful
Peaches
Skim Milk

25

WG Cinnamon
Waffles
Mandarin Oranges
Skim Milk

26

WG Rice Krispies
Juice Cup
Skim Milk

27

Assorted Yogurt
With
Graham Crackers
Pineapple Tidbits
Skim Milk

28

WG Cinnamon
French Toast Sticks
Applesauce
Skim Milk

All items on this menu meet the dietary guidelines for school nutrition as established by the United States Department of Agriculture.