Looking Ahead

Report Cards Sent Home—February 1st
Pre-K ELA Learning Party—February 5th from 5-7pm
Panther Play Day—February 8th
PTA Meeting—February 11th from 5-7pm
Pre-K ELA Learning Party—February 12th from 5-7pm
Oratorical Competition—February 15th from 5-6:30pm
Presidents’ Day—School Closed—February 18th
Pre-K ELA Learning Party—February 19th from 5-7pm
Primary Girls’ Night Out—February 22nd

Friendly Reminders

♦ Prince Street’s doors open at 7:30am, and class begins at 8am. Scholars who arrive after 8am will be marked as late and MUST be signed in by an adult. Dismissal starts at 2:20pm. All scholars must be picked up by 3pm when the school office closes.

♦ All visitors must sign in in the office upon entering the building using the Raptor system and their IDs. They will also need to sign out in the office before they leave.

♦ Children under the age of 18 are NOT allowed in the classrooms or at school functions that take place during the school day.

♦ All changes of transportation for scholars MUST be in writing. The office will not accept changes over the phone.

♦ When any contact information changes (i.e. address, phone number, etc.) throughout the year please notify the school office in writing or stop by the office and fill out a new Student Personal Data Form as soon as possible.

♦ All scholars must be properly dressed in C.A.P. attire. If you have any questions about what is C.A.P. appropriate please review our C.A.P. Policy via the link on our school website or go to the Board of Education at www.wcboe.org for specific C.A.P. information.

♦ Check the Class Dojo daily for updates and communication regarding your scholar(s).

♦ If there is a one-hour delay drop-off begins at 8:30am. If there is a two-hour delay drop-off begins at 9:30am. Breakfast is still served for one-hour delays but not for two-hour delays.

Congratulations to the following people for being nominated for Prince Street Teacher of the Year!

Mr. Brown    Ms. Holland
Ms. Cole      Ms. Kenefick
Mrs. Cullen   Mr. McMurdo
Mrs. Deal     Ms. Ogle
Mrs. Gilbert  Ms. Saxton
Mrs. Grimes   

Another spelling bee is in the books! Friday’s winner was Catherine Apodaca-Reyes, her championship word was alabaster. Catherine is a member of Kuleana and Ms. Cole’s 5th grade class. The runner-up was Ava Alexis from Mr. McMurdo’s 5th grade class and the house of Goo Hae-Ra. The spellers battled for 12 grueling rounds Friday! We noticed the spellers seemed to be tackling the hard words with grace and poise as well as fantastic sportsmanship, especially the final 18 contestants in the media center. It was really nice to see smiles and hear kind words amongst them all.
**Instruction At a Glance**

**Band**  
*With Mr. Miles*

**Individualized Instruction:**
- Remind scholars to practice four times a week, 15 minutes each session, for a total of one hour per week.
- Remind scholars to hold the instrument/sticks and sit/stand with good posture.
- Continue to produce a good tone on the instrument. Proper stick heights and form with percussion.
- Memorize the fingerings for the first five notes from the method book: *Essential Elements, Book I*, and identify the notes on a staff.
- Perform exercises from the *Essential Elements, Book I* pages 6 & 7 using the five notes learned so far.
- Advanced scholars: Pages 8 & 9, two new notes to play and memorize on the staff.

**Parents:** Remember to sign the Home Practice Sheet at the end of each week to record how many minutes your child practices their instrument at home. The home practice sheet should be kept in the front pocket of their method book.

**Physical Education**  
*With Mr. Brown, Ms. Powell, and Mr. Thomas*

**3rd-5th Grade:** Scholars will continue their unit of striking with long handle implements.
**1st-2nd Grade:** Scholars will be working on various exercises and transition to dribbling with their hands towards the end of the month.
**Pre-K-K:** Scholars will continue to explore the use of different equipment and movement patterns. The scholars will celebrate the 100th day of school with various activities.

**ART**  
*With Mrs. Rommel*

During the month of February, everyone will be working with clay. The primary grades will learn to make different 3-dimensional shapes including caterpillars on leaves while the Intermediate grades will continue to learning clay terminology and different techniques for creating art with clay.

**Music**  
*With Mr. Piper*

February looks to be an exciting time in the music room. Our scholars will be exploring music from all periods, ranging from classical melodies to the popular music of today. The intermediate level scholars will be working on relating themes, concepts, and ideas that we have learned previously to the music of today. Meanwhile, our primary level scholars will be working on meter, tempo, and keeping a steady beat with the music. As always, there will be a plethora of other activities during music class as well, ranging from movement with music to singing and playing with some of our favorite songs.

**PTA Meetings for 2018—2019**

All meetings will begin at 5pm in the Auditorium.
- February 11th
- April 8th

**Important:** Did you know a scholar who misses 10 days or more during a school year is 20 percent less likely to graduate from high school and 25 percent less likely to ever enroll in college? We are rooting for your child's continued success in life. It starts right here, right now!
Media Center Corner

Kindergarten scholars have begun checking out books and keeping them in school. Remind your child no matter the grade level, it is their responsibility to keep track of their library books once they check them out from the media center. Please locate and return books or pay the fine to replace it.

Read a Little. Ride a Lot. The Six Flags Read to Succeed reading logs are due back February 15th. Make sure 360 minutes of reading has been recorded and I will submit your child’s name to receive a free to ticket to the Six Flags Amusement Park.

The Shorebirds Hit the Books Reading Contest has begun! If your child reads 4 books by February 22nd, they can receive 2 free tickets to a Delmarva Shorebirds Baseball Game.

Please encourage your child to read nightly. Reading has its rewards!

Our school website http://pse.wcboe.org/ keeps you updated with all the school events. Check out our Facebook page for highlights of what’s happening in our school. https://www.facebook.com/wcboepecse/

Mrs. Deal – ginadeal@wcboe.org

Guidance Corner

Guidance lessons in February will focus on feelings and emotions for the primary grades and Mindfulness for the intermediate grades. Mrs. Opher will also touch on Black History Month during her lessons.

Primary scholars will be learning about how to identify feelings within themselves as well as being aware of how others are feeling. Once they can identify the feelings, they will be able to learn how to deal with those feelings in a positive productive way.

The intermediate scholars will practice using mindfulness to help them live in the present moment. Being present without judgement is to focus on what is happening right now. Putting away all the fears, frustrations and worries that scholars deal with each day can help them to learn and succeed academically, emotionally and socially.

If you have any questions about mindfulness or would like more information, please contact Mr. Raffa at the school or email him at jraffa@wcboe.org.

Deadline: April 5th
Price $17.00
cash or credit only

Put a Shout out in for $2 if you order a yearbook,
$5 without an order

<table>
<thead>
<tr>
<th>Grade level/Teacher</th>
<th>Amount</th>
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<tbody>
<tr>
<td>PreK – Burdell</td>
<td>118</td>
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<tr>
<td>K – Shultie</td>
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<tr>
<td>1st – Lewis</td>
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<tr>
<td>2nd – Saxton</td>
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<tr>
<td>3rd – Mckim</td>
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<tr>
<td>4th – Davidson</td>
<td>203</td>
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<tr>
<td>5th – Cullen</td>
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Instruction at a Glance

From Our Licensed Clinical Social Workers
Mrs. Hearne & Ms. Taylor

Facts For Families: Well Being & Resiliency

What is resiliency? It is the capacity to rebound from adversity, the ability to adapt and grow in times of disappointment, stress and uncertainty.

What are ways that parents and caregivers can support resilience in children?

- Model ways to have everyday resilience and to manage stress and change
- Have high, but realistic expectations based on the child’s age and developmental stage
- See the world through your child’s age and the joy that can create for you both
- Encourage exploration, self-reliance and healthy risk taking
- Provide comfort in times of distress
- Promote a sense of safety and trust
- Establish limits, rules and structure that are fair and consistent
- Promote a love of learning and curiosity
- Show by example how to admit and learn from mistakes
- Teach and model for children the importance of personal responsibility
- Promote a sense of humor, playfulness and delight in their imagination
- Instill a sense of pride in your family as well as your cultural traditions and rituals
- Model ways to be determined even when frustrated or disappointed
- Encourage, within limits, a child’s need for autonomy and expression of freewill
- Try to have consistent and relaxing meals and bedtimes
- Teach ways to negotiate that are respectful and allow your child to feel heard
- Instill in children a sense of values while respecting other viewpoints
- Help children enjoy times of peace and quiet
- Encourage good nutrition, exercise, diet and physical fitness
- Promote a sense of awe and wonder for nature and the universe
- Teach gratitude and a recognition of blessings in life
- Be optimistic and promote a sense of hope in your child for their future
- Provide opportunities for friendships and a social support system to develop
- Try to encourage your child’s ability to figure out life through trials and error and success
- Be your child’s biggest advocate while teaching them to advocate for themselves

What can parents or caregivers do for self-care? It is important to take care of you too!

- Find ways to take care of yourself based on what you enjoy doing
- Have a creative outlet/hobby for self-enrichment
- Find comfort in the small things and gratitude in your own accomplishments and contributions
- Be mindful of how your thinking is helping or hurting your situation
- Develop and stay in touch with friends and a support system
- Be okay with asking for help and provide it to others when you can
- Find quiet moments every day that you can use for relaxation and reflection
- If important to you, nurture your need for intimacy and closeness with a partner
- Stress can have its benefits, but know also how to prevent and limit its harmful effects
- Maintain a sense of autonomy outside your role as parent and spouse
- Be a lifelong learner, find enjoyment through learning new ideas
- Have realistic expectations of yourself and others
- Seek out resources needed to support family growth and development
- Find/develop the confidence to speak up for the best interest of your child and family
- Promote ways to feel competent, connected, and to have life satisfaction

The Social Workers of Prince Street Elementary,
Tamicka Taylor, MBA, MSW, LCSW-C
Kristin Hearne, MSW, LCSW-C
From Our Behavioral Interventionist
Mrs. Rollins

There Is an App for That!!!

If you are in need for some help with your child’s behavior and/or getting them to do their chores, try out these apps. Your children are used to Dojo from school, using social media apps, and online app games, so why not use technology to assist you with your children’s behavior.

Best Apps for Behavior Management

iReward by Grembe, Inc. / $2.99
iReward lets you create a star chart or token rewards board to give your children a visual tool for improving behavior. The app even allows you to upload pictures of what needs to happen first and the reward that will follow.
This app is great for all children, but will be particularly useful for those with special needs. It has loads of features to help you customize it for each child’s individual circumstances.

iRewardChart: Parents Reward Tracker Chore Chart by GotClues, Inc. / Free
Set up digital star charts for kids, and allow them to choose from a built-in rewards list or customize it for your circumstances. Kids love to feel responsible and independent, but they hate to be told what to do. With this app, you can eliminate the nagging and get down to the business of learning.
iRewardChart’s free version allows use for one child and up to four tasks per week. The full version costs $3.99. It works for unlimited children and unlimited tasks.

ChoiceWorks by Bee Visual / $6.99
Help children learn skills such as patience and taking turns with this behavior management app. Set up scheduled tasks that need to be completed, or earn rewards for practicing waiting skills. There’s also a section about learning to manage feelings.
This app includes some books to help children learn the tasks at hand, the ability to customize by adding your own pictures, voice, and recorded instructions, and much more. It’s another app that would be very helpful to support children with special needs.

Best Apps for Monitoring Chores

Chore Pad by Nannek/ $4.99
Chore Pad offers a great way to keep tabs on chores that are assigned and completed, and has a built-in rewards system to motivate the kids. Best of all, you get to assign the rewards! That way, you can choose things that will motivate each individual child the best.
Chore Pad is easy to use and works well for any size of family.

Home Routines by Wunderbear/ $4.99
Here’s an app that is more organized than many of the others. It also helps children know what time of day to do the assigned chores, which could be great for families with children who struggle to remember to do basic tasks. It also resets itself each day, so once you have it set up, you don’t need to mess with it again until changes are needed.
The app also includes a built-in timer to encourage speedy compliance, a to-do list for tasks that only need done once, and a message system.

ChoreMonster/ Free
Choremonster has been a favorite for a long time, and shows up on nearly all lists of great chore apps. Kids earn points and other rewards for completing assigned tasks, and the app adds so much fun that kids actually WANT to get the work done. The app makes it easy to assign both chores and rewards, so you’ll love its convenience. Help them get motivated!
**February 2019**

**DATES TO REMEMBER**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>February 1</td>
<td>Report Cards Sent Home</td>
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<tr>
<td>February 5</td>
<td>Pre-K ELA Learning Party 5-7PM</td>
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<tr>
<td>February 8</td>
<td>Panther Play Day 3:30-4:30PM</td>
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<tr>
<td>February 11</td>
<td>PTA Meeting 5-7PM</td>
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<td>Oratorical Competition 5-6:30PM</td>
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<tr>
<td>February 18</td>
<td>Presidents’ Day—School Closed</td>
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<tr>
<td>February 19</td>
<td>Pre-K ELA Learning Party 5-7PM</td>
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<tr>
<td>February 22</td>
<td>Primary Girls’ Night Out</td>
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**LOOKING AHEAD**

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<thead>
<tr>
<th>Date</th>
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<tr>
<td>March 1</td>
<td>Progress Reports Sent Home</td>
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<tr>
<td>March 4</td>
<td>Talent Show 6:30-9PM</td>
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<td>March 5</td>
<td>Kindergarten Field Trip</td>
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<td>March 8</td>
<td>Panther Play Day</td>
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<td>March 15</td>
<td>Professional Day—School Closed</td>
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<td>March 20</td>
<td>Nothin’ But Net Kick-off</td>
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<td>March 30</td>
<td>School Readiness Fair</td>
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**Events for February**

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<tr>
<td>1</td>
<td>Term 2 Report Cards Sent Home</td>
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<tr>
<td>3</td>
<td>BTB Basketball 3-4:30pm</td>
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<tr>
<td>5</td>
<td>BTB Basketball 3-4:30pm</td>
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<tr>
<td>6</td>
<td>Art Club 3-4pm</td>
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<td>7</td>
<td>CAT Club 2:30-5pm</td>
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<td>8</td>
<td>Panther Play Day</td>
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<tr>
<td>10</td>
<td>BTB Basketball 3-4:30pm</td>
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<td>12</td>
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<td>13</td>
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<td>14</td>
<td>Horsemanship Club 2:30-5:30pm</td>
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<td>15</td>
<td>Oratorical Competition 5-6:30pm</td>
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<td>17</td>
<td>Presidents’ Day—School Closed</td>
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<tr>
<td>19</td>
<td>BTB Basketball 3-4:30pm</td>
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<td>20</td>
<td>Art Club 3-4pm</td>
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<td>21</td>
<td>CAT Club 2:30-5pm</td>
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<td>22</td>
<td>Primary Girls’ Night Out</td>
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<tr>
<td>24</td>
<td>BTB Basketball 3-4:30pm</td>
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<tr>
<td>26</td>
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<td>27</td>
<td>Art Club 3-4pm</td>
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<tr>
<td>28</td>
<td>CAT Club 2:30-5pm</td>
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*All clubs are by invitation only.*